

7 Day Challenge

Having Fun and
Building Conversation



Day 1:

Colored Water on Coffee Filters

- What are all of the colors in the rainbow?
- What would blue coffee taste like?
- How much water would it take to water the lawn?
- Did you know that mixing colors is called "tie-dye"? Have you ever seen tie-dye before?
- Who drinks coffee at your house?

Day 2:

Sensory Activity: Beans

- What can you bury in the beans?
- What else is the size of a bean?
- Do you know about Jack and the Beanstock?
- This bean is really smooth. What makes it so smooth?
- Can you take a bean bowling?

Day 3: Stringing Cereal

- How much string would it take to cross the ocean?
- I really like the pattern you just made. Can you think of anything else that has patterns?
- Cereal tastes really good with what kind of liquid?
- Cereal makes a funny noise in your mouth when you eat it. Can you think of something else that makes a funny noise?
- I am going to make my string into a necklace. What are you going to make yours into?

Day 4: Game Night Don't Spill The Beans

- What other things can we measure?
- How many beans would it take to fill a swimming pool?
- What kind of beans do you like to eat?
- Can you think of something else that can spill over?
- Can you tip your body from side to side?

Day 5: Homemade Music Water, Cups, Spoons, Turkey Basters

- How do you think this works?
- If I add more water to one jar, how does the sound change?
- What is your favorite song?
- Can you hum happy birthday?
- Can you whistle?

Day 6: Moon Sand Play Dough or Clay

- How far away is the moon?
- Where else could we find sand?
- What does this feel like?
- How much sand would it take to build a castle up to the sky?
- Have you ever read the story "Good Night Moon"? Let's read it together after this.

Day 7: Papier-mâché or GAK

- GAK is squishy. What else can you think of that is squishy?
- How far can you stretch your piece?
- Can you make it drip? It looks like it is melting.
- Let's make a pizza party.
- How is the play dough different from the GAK?

**Feel great about
your time together!**

Print these slides for the 7 Day
Challenge on our website.